



VUKANI 15km RACE & 5km RUN/WALK

Saturday 15 November 2025

Victoria Park Tennis Club

Cnr Victoria Park Drive/Butters Street, South End

Starting times: 15km – 06h00

5km – 06h20

EPA PARTICIPATION LEAGUE

ENQUIRIES:

For further information on the event, contact the following:

Wonga (064 516 2669) or Ndaba (082 550 3109)





ENTRY FORM

SATURDAY 15 NOV 2025

15km ROAD RACE 06h00 | **5km RUN/ WALK** 06h20

Victoria Park Tennis Club Cnr Victoria Park Dr & Butters St, South End, Gqeberha

EPA Participation League Race

Tick the appropriate block: 15km (06h00) 5km (06h20)

2025 Licence No:..... Club:.....

Surname:..... Name:.....

ID No:..... Date of Birth:...../...../.....

Gender:..... Age:..... Contact No.:.....

Email Address:.....

Emergency Contact Name & No:.....

Do you agree to not litter during the race and accept disqualification if reported for doing so?

Yes No

	RACE	ENTRY FEE	AMOUNT PAID
	15km	R160	R
	15km (60+ years)	R90	R
	15km (15 – 19 years)	R80	R
	Temporary Licence (15km only)	R50	R
	5km Run/Walk	R50	R
		Total Paid	

INDEMNITY/ WAIVER: By entering this event I undertake to be bound by the rules and regulations of the event including those of WA, EPA and ASA. I warrant that I am in good health and aware of the risks and dangers of a physical nature of this sporting event, and do not claim ignorance of these risks and dangers. I hereby accept that I participate in the event entirely at my own risk and I release and discharge, to the fullest extent allowed in law, the organisers of the event, all sponsors, persons and organisations assisting in the staging of the event, provincial and national athletics bodies and all local authorities from any responsibility, liability or costs relating to any injury, loss or damage of whatever nature, however caused, arising directly or indirectly from my participation in the event including pre-and post-race activities. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the activity.

MINOR RELEASE: and I, the minor's parent and/or legal guardian, understand the nature of athletic activities and the minor's experience and capabilities and believe the minor to be qualified, in good health, and in proper physical condition to participate in such activity and I enter into this Indemnity/waiver on behalf of the minor.

Signature:(Athlete, Parent or Guardian if minor)





MEDALS to ALL finishers.

Athletes are required to be dressed in their club kit on the podium for prize giving.

LUCKY DRAW PRIZES

All entrants are eligible and must be present to claim prizes.

PRIZE MONEY FOR 15KM RACE (Men & Women)

CATEGORY	1st	2nd	3rd
Open	R1 500	R1 000	R750
Junior	R350	R250	R100
35 – 39 years	R350	R250	R100
40 – 49 years	R350	R250	R100
50 – 59 years	R350	R250	R100
60 – 69 years	R350	R250	R100
70+ years	R350	R250	R100

VOUCHERS FOR 5KM RUN/WALK: 1st – 2nd – 3rd

General Race Information:

- 15km Road race starts at **06h00** and the cut off time is **08h15**.
- Competitors for the 15km must be 15 years of age or older on the day.
- 5km Family run starts at **06h20** and the cut off time is **08h00**.
- Competitors for the 5km run must be **9 years or older** on race day.
- Entries may be handed in at Brian Bands, The Footballer, Action Sports, Sportsworld and Sportsmans Warehouse and online on [\(to follow\)](#). The closing date for pre-entries will be **Wednesday 12 November 2025**
- Collection of race numbers (pre-entries) and late entries will be accepted at the race venue from 17h00 until 19h00 on **Friday 14 November 2025 and from 05h00 on the morning of the race**. Entry fees are non-refundable.
- Organised in accordance with the rules and regulations of ASA and EPA.**
- Athletes must run in official club colours with the **2025** Licence numbers on the front and back of the vest and the official race number/ tag on the front of the vest.
- Athletes who are not licensed members of a club affiliated to ASA must purchase a temporary license to be worn on the back of vest or plain coloured T-shirt, with the official race number/tag on the front of the vest/T-shirt.
- Temporary licensed athletes are not covered by ASA Group Insurance and are therefore encouraged to join an affiliated Athletics Club.
- Age category tags must be worn on the front and back of your vest if you wish to qualify for category prizes. Athletes may be requested to provide proof of age on race day. Age category tags will be available at registration or can be purchased from the EPA Offices.
- Wearing of earphones is not allowed and may lead to disqualification.
- The race committee reserves the right to accept or reject any entry.
- The Prize Giving will commence at **08h30**.
- No cheques will be accepted.



16. The no seconding rule will apply and no private vehicles will be allowed on the route to second athletes.
17. There will be **four(4)** refreshment stations on the 15km route and **one(1)** refreshment station on the 5km route.
18. Anti-Littering rules apply. Refuse bins will be provided along the route. Please discard used water sachets and cups into or near to these bins.
19. A tog bag storage facility will be available.
20. The venue is an alcohol - free zone.
21. Full results will be available on www.epathletics.co.za.

